



# Compassion Counseling Center

5500 25th Avenue NW • Rochester, Minnesota 55901 • 507-208-8822

## Marriage Communication Skills Application Form

**Please Note: This is a skill building class NOT counseling.**

**There will be a \$50.00 charge for class materials.**

### Instructions:

- Answer the following questions to the best of your ability.
- An application from each spouse is required. **Please complete without comparing with your spouse's.**
- Mail the completed form to:
 

Compassion Counseling Center  
5500 25th Ave. NW  
Rochester, MN 55901

1. Name \_\_\_\_\_ Age \_\_\_\_\_ Birth date \_\_\_\_\_  
First Middle Initial Last mm/dd/yyyy

2. Address \_\_\_\_\_ (Circle one) Male Female  
Street Address & Apt. #

\_\_\_\_\_  
City State ZIP Code

3. Phone (\_\_\_\_\_) \_\_\_\_\_  Home  Cell  Work

Can we leave a message at this phone number?  Yes  No

4. Email \_\_\_\_\_

5. How do you prefer to be contacted?  Phone  E-mail

6. Spouse's Name \_\_\_\_\_

### 7. Race

- |  |   |
|--|---|
| <input type="checkbox"/> Asian           | <input type="checkbox"/> Pacific Islander |
| <input type="checkbox"/> Black           | <input type="checkbox"/> White            |
| <input type="checkbox"/> Hispanic        | <input type="checkbox"/> Other            |
| <input type="checkbox"/> Native American |   |

### 8. Education Level Completed

- |  |  |
|--|--|
| <input type="checkbox"/> High School<br>Last grade completed _____ | <input type="checkbox"/> Some College                    |
| <input type="checkbox"/> GED                                       | <input type="checkbox"/> Four Year Degree – Major _____  |
| <input type="checkbox"/> Junior College                            | <input type="checkbox"/> Graduate Degree – Subject _____ |
| <input type="checkbox"/> Vocational School                         | <input type="checkbox"/> Post Graduate – Subject _____   |
|  | <input type="checkbox"/> Other _____                     |

### 9. Current employment status

- |   |   |                                      |
|---|---|--------------------------------------|
| <input type="checkbox"/> Employed Full-Time | <input type="checkbox"/> Unemployed   | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Employed Part-Time | <input type="checkbox"/> Disability Assistance                                      |                                      |
| <input type="checkbox"/> Self-employed      | <input type="checkbox"/> Work at home (this includes being full time with children) |                                      |

10. How long have you been married? \_\_\_\_\_



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11. You will be attending sessions that are intended to improve communication skills. This is not considered marriage counseling.

The following are the goals of Marriage Communication Skills sessions.

- COMMITTING to partnership with your spouse
- CARING Actively for Self, Spouse, and Us
- CONSIDERING Life's Concerns and Opportunities
- COMMUNICATING with Skill to Connect
- COOPERATING to Resolve Issues
- CELEBRATING Our Life Together
- CONTRIBUTING to Life Around Us

Can you commit to making these your goals for your marriage as you learn new communication skills? Explain in a few words.

**12. By initialing here \_\_\_\_\_ I understand that I am committing to attend all 6 one-hour sessions to complete this Marriage Communication Skills Class**

13. Each lesson builds on the previous lesson. If you get behind it will be very difficult to catch up and you may be asked to withdraw from the skills class. Are you willing to make a commitment to doing your homework, review, and practice and read the next lesson?

For questions 14 through 18, circle the number that most closely fits you.

14. How important are spiritual/faith issues in learning new skills?

Not at all important                      Somewhat Important                      Very important  
— 1 ————— 2 ————— 3 ————— 4 ————— 5 —

15. How important is prayer?

Not at all important                      Somewhat Important                      Very important  
— 1 ————— 2 ————— 3 ————— 4 ————— 5 —

16. My life is filled with meaning.

Disagree                      Neutral                      Strongly Agree  
— 1 ————— 2 ————— 3 ————— 4 ————— 5 —

17. I have hope for the future.

Disagree                      Neutral                      Strongly Agree  
— 1 ————— 2 ————— 3 ————— 4 ————— 5 —

18. I find meaning in relationships with others.

Disagree                      Neutral                      Strongly Agree  
— 1 ————— 2 ————— 3 ————— 4 ————— 5 —



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19.

Do you have specific faith beliefs? Yes, check all that apply

- |                                   |  |
|-----------------------------------|--|
| <input type="checkbox"/> Agnostic | <input type="checkbox"/> Christianity, Please specify domination _____ |
| <input type="checkbox"/> Islam    | <input type="checkbox"/> Judaism                                       |
| <input type="checkbox"/> Atheist  | <input type="checkbox"/> Occult, specify _____                         |
| <input type="checkbox"/> Buddhism | <input type="checkbox"/> Other, specify _____                          |
| <input type="checkbox"/> Hinduism | <input type="checkbox"/> Not Sure                                      |

20. Are you involved in a faith community or place of worship?  Yes  No

21. What do you see as the greatest strength in your marital relationship?

22. What do you see as the greatest need in your marital relationship?

23. Is there anything else that would be helpful for your class instructor to know about you?

Additionally, we ask each spouse to fill out an assessment prior to class. To do this, go to:

[www.focusonthefamily.com/marriage/focus-on-marriage-assessment](http://www.focusonthefamily.com/marriage/focus-on-marriage-assessment).

Click on: **Take assessment now**

Complete the assessment, fill in your name and email address. Then print it and send your assessment with your completed application.

Each spouse will need to complete a separate application. Please go to [www.compassioncounseling.org](http://www.compassioncounseling.org) to download and print one. You may also call 507-208-8822 and request to have a form sent to you.

Mail completed assessments and applications to:      Compassion Counseling Center  
c/o Calvary Evangelical Free Church  
5500 25<sup>th</sup> Ave NW  
Rochester, MN 55901

You will receive a call regarding class acceptance or not. Upon acceptance, if so, you will be asked to come in to the Counseling Center on a Thursday evening to pick up your Collaborative Marriage Skills packet and read the first lesson. The cost for these materials for the class is \$50.00

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(Signature)

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(mm/dd/yyyy)