Marriage Communication Skills Application Form

**Please Note:** This is a skill building class **NOT** counseling.
There will be a $50.00 charge for class materials.

**Instructions:**
- Answer the following questions to the best of your ability.
- An application from each spouse is required. **Please complete without comparing with your spouse’s.**
- Mail the completed form to: Compassion Counseling Center
  5500 25th Ave. NW
  Rochester, MN 55901

1. **Name** ___________________________ Age _____ Birth date __________
   First Middle Initial Last mm/dd/yyyy

2. **Address** __________________________ (Circle one) Male Female
   Street Address & Apt. #

   ______________________________________________
   City __________________________________________
   State ____________________________ ZIP Code _______

3. **Phone** (______) ________________  
   ☐ Home ☐ Cell ☐ Work

   Can we leave a message at this phone number?  ☐ Yes ☐ No

4. **Email** __________________________

5. **How do you prefer to be contacted?**  ☐ Phone ☐ E-mail

6. **Spouse’s Name** __________________________________________

7. **Race**
   ☐ Asian ☐ Pacific Islander
   ☐ Black ☐ White
   ☐ Hispanic ☐ Other
   ☐ Native American

8. **Education Level Completed**
   ☐ High School
   ☐ GED
   ☐ Junior College
   ☐ Vocational School
   Last grade completed _______  ☐ Some College
   ☐ Four Year Degree – Major ______________________
   ☐ Graduate Degree – Subject ______________________
   ☐ Post Graduate – Subject ______________________

   ☐ Other ______________________

9. **Current employment status**
   ☐ Employed Full-Time ☐ Unemployed ☐ Other ______________________
   ☐ Employed Part-Time ☐ Disability Assistance
   ☐ Self-employed ☐ Work at home (this includes being full time with children)

10. **How long have you been married?** ____________________________
11. You will be attending sessions that are intended to improve communication skills. This is not considered marriage counseling.

The following are the goals of Marriage Communication Skills sessions.
- COMMITTING to partnership with your spouse
- CARING Actively for Self, Spouse, and Us
- CONSIDERING Life’s Concerns and Opportunities
- COMMUNICATING with Skill to Connect
- COOPERATING to Resolve Issues
- CELEBRATING Our Life Together
- CONTRIBUTING to Life Around Us

Can you commit to making these your goals for your marriage as you learn new communication skills? Explain in a few words.

12. By initialing here ________ I understand that I am committing to attend all 6 one-hour sessions to complete this Marriage Communication Skills Class

13. Each lesson builds on the previous lesson. If you get behind it will be very difficult to catch up and you may be asked to withdraw from the skills class. Are you willing to make a commitment to doing your homework, review, and practice and read the next lesson?

For questions 14 through 18, circle the number that most closely fits you.

14. How important are spiritual/faith issues in learning new skills?
   - Not at all important
   - Somewhat Important
   - Very important

   1          2          3          4          5

15. How important is prayer?
   - Not at all important
   - Somewhat Important
   - Very important

   1          2          3          4          5

16. My life is filled with meaning.
   - Disagree
   - Neutral
   - Strongly Agree

   1          2          3          4          5

17. I have hope for the future.
   - Disagree
   - Neutral
   - Strongly Agree

   1          2          3          4          5

18. I find meaning in relationships with others.
   - Disagree
   - Neutral
   - Strongly Agree

   1          2          3          4          5
19. Do you have specific faith beliefs? Yes, check all that apply
☐ Agnostic              ☐ Christianity, Please specify denomination ________________________
☐ Islam                  ☐ Judaism
☐ Atheist                ☐ Occult, specify ________________________
☐ Buddhism               ☐ Other, specify ________________________
☐ Hinduism               ☐ Not Sure

20. Are you involved in a faith community or place of worship?  ☐ Yes  ☐ No

21. What do you see as the greatest strength in your marital relationship?

22. What do you see as the greatest need in your marital relationship?

23. Is there anything else that would be helpful for your class instructor to know about you?

Additionally, we ask each spouse to fill out an assessment prior to class. To do this, go to:
www.focusonthefamily.com/marriage/focus-on-marriage-assessment.

Click on: Take assessment now

Complete the assessment, fill in your name and email address. Then print it and send your assessment with your completed application.

Each spouse will need to complete a separate application. Please go to www.compassioncounseling.org to download and print one. You may also call 507-208-8822 and request to have a form sent to you.

Mail completed assessments and applications to:  Compassion Counseling Center  
c/o Calvary Evangelical Free Church  
5500 25th Ave NW  
Rochester, MN 55901

You will receive a call regarding class acceptance or not. Upon acceptance, if so, you will be asked to come in to the Counseling Center on a Thursday evening to pick up your Collaborative Marriage Skills packet and read the first lesson. The cost for these materials for the class is $50.00